

Caring for your new Cerec restoration

Congratulations on your new CEREC restoration! Cerec is the most technologically advanced restoration in dentistry today. The reason is simple- the porcelain we use has physical characteristics that closely approximate your tooth structure. When bonded to your tooth it restores your tooth close to its original strength, something that is not possible with traditional silver or composite fillings. With proper care you can expect many years of use.

SENSITIVITY- It is not uncommon to experience sensitivity to cold for a short time after the restoration is placed. If this continues it may be that a bite adjustment is required.

CHEWING- You are able to chew normally on your tooth right away. Use your new tooth as you would a natural tooth, being careful to avoid hard objects.

HOME CARE- It is extremely important to clean your **CEREC** more thoroughly than your own natural tooth. This means brushing twice a day, flossing once a day. Remember you can still get a cavity on the edges of the Restoration.

RE-CARE VISITS TO OUR OFFICE- Make sure you see us at least twice a year for your check-up and cleanings so we can keep a close eye on your restoration.

THE FUTURE-By adhering to the above you can expect many years of service from your new restoration.

ANY QUESTIONS? Call me at the office any time 973-895-7995